



# Social Emotional Curriculum Benchmarks

## Sir Dapp Properties

Content Area	Social Emotional Learning	Grade Level	Kindergarten through Grade 2
Course Name/Course Code			



### CASEL Social Emotional Learning Skills

**SELF-AWARENESS:** *The ability to accurately recognize one’s own emotions, thoughts, and values and how they influence behavior. The ability to accurately assess one’s strengths and limitations, with a well-grounded sense of confidence, optimism, and a “growth mindset.”*

**SELF-MANAGEMENT:** *The ability to successfully regulate one’s emotions, thoughts, and behaviors in different situations – effectively manage stress, controlling impulses, and motivating oneself. The ability to set and work toward personal and academic goals.*

**SOCIAL AWARENESS:** *The ability to take the perspective and empathize with others, including those from diverse backgrounds and cultures. The ability to understand social and ethical norms for behavior and to recognize family, school, and community resources and supports.*

**RELATIONSHIP SKILLS:** *The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups. The ability to communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate conflict constructively, and seek and offer help when needed.*

**RESPONSIBLE DECISION-MAKING:** *The ability to make constructive choices about personal behavior and social interactions based on ethical standards, safety concerns, and social norms. The realistic evaluation of consequences of various actions, and a consideration of the well-being of oneself and others.*



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Content Area	Social Emotional Learning	Grade Level	Kindergarten through Grade 2
Standard	Grade Level Expectations (GLE)	Code	
1. Self-awareness	1. Identify emotions	SEL 1A.1a	
	2. Accurate self-perception	SEL 1A.1b	
	3. Recognizing strengths	SEL 1A.1c	
	4. Self-confidence	SEL 1A.1d	
	5. Self-efficacy	SEL 1A.1e	
2. Self-management	1. Impulse control	SEL 1B.1a	
	2. Stress management	SEL 1B.1b	
	3. Self-discipline	SEL 1B.1c	
	4. Self-motivation	SEL 1B.1d	
	5. Goal-setting	SEL 1B.1e	
	6. Organizational skills	SEL 1B.1f	
3. Social awareness	1. Perspective-taking	SEL 1C.1a	
	2. Empathy	SEL 1C.1b	
	3. Appreciating diversity	SEL 1C.1c	
	4. Respect for Others	SEL 1C.1d	
4. Relationship skills	1. Communication	SEL 1D.1a	
	2. Social engagement	SEL 1D.1b	
	3. Relationship-building	SEL 1D.1c	
	4. Teamwork	SEL 1D.1d	
5. Responsible decision-making	1. Identifying problems	SEL 1E.1a	
	2. Analyzing situations	SEL 1E.1b	
	3. Solving problems	SEL 1E.1c	
	4. Evaluating	SEL 1E.1d	
	5. Reflecting	SEL 1E.1e	
	6. Ethical responsibility	SEL 1E.1f	



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Unit Titles	Type of Program	Length of Unit/Contact Hours	Description
Sir Dapp! Game Show	App	-	This reading-based game helps players remember their manners in creative ways. Rhyming phrases and a quiz show format make this experience feel more like playing than learning. Themes center around character traits of kindness, respect, and empathy.
Sir Dapp & the Paw Prints- This is Our Time	Music	3:07	Sir Dapp and The Dollie count the ways to celebrate the day and teach listeners that it's their time to shine.
Sir Dapp & the Paw Prints- Rainbows	Music	3:30	The Dollie explores the beauty of the rainbow and encourages listeners to think about their own beauty.
Sir Dapp & the Paw Prints- Swimming in the Stars	Music	4:34	Sir Dapp and The Dollie imagine what it would be like to dive into outer space. When we swim with the stars, we can be who we are, at our own pace, with no judgement.
Sir Dapp & the Paw Prints- Parachute	Music	3:13	This song encourages listeners to "escape" the words that hurt by going to friends who will lift their spirits, or "pull the chute" in their mind that takes them to a safe zone.
Sir Dapp & the Paw Prints- Meant to Be	Music	3:39	The Dollie helps listeners believe in themselves and realize that they have a lot of skills and dreams that will turn into reality if they believe in themselves.
Sir Dapp & the Paw Prints- K'n'R Party	Music	3:49	Sir Dapp tells listeners that the most important thing to do when meeting new people is to use kindness and respect
Sir Dapp & the Paw Prints- Manners, Inc.	Music	2:47	Sir Dapp reminds listeners to think before they speak. Our words can affect others and change the way they feel, so we need to think about our words before they are said.
Sir Dapp & the Paw Prints- The Real Deal	Music	1:55	The Real Deal reminds listeners to exercise their manners muscle, letting the Golden Rule set the stage for kindness and respect in friendships.
Sir Dapp & the Paw Prints- Hello New Day	Music	2:26	The Dollie helps listeners realize that if they greet each day with a smile, the sun will come out in our hearts.



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### Sir Dapp Properties

Sir Dapp & the Paw Prints- Younique	Music	2:59	Being unique is a positive trait. Everyone is unique in their own way, and no two people are the same.
Sir Dapp & the Paw Prints- Goodnight Sweet Friends	Music	1:15	This song reinforces the good work children did during the day and encourages them to get the important rest that they need.
Sir Dapp & the Paw Prints- Santa Spirit	Music	4:06	Getting ready for a holiday is exciting! Listeners will feel the joy in excitement as Sir Dapp and Dollie sing about the joy of the holidays.



**Curriculum Overview**  
**Unit Planning for Kindergarten- 2 SEL**

Unit Title	Game Show			Length of Unit	--		
Focusing Lens(es)	Game	Standards and Grade Level Expectations Addressed in this Unit	SEL 1A.1d SEL 1A.1e SEL 1B.1a	SEL 1B.1c SEL 1B.1e SEL 1C.1a	SEL 1C.1b SEL 1C.1c SEL 1C.1d	SEL 1D.1a SEL 1D.1b SEL 1D.1c	SEL 1D.1d SEL 1E.1a SEL 1E.1b
Inquiry Questions:	<ul style="list-style-type: none"> <li>What kinds of things can you do to show respect and be polite to others?</li> </ul>						
Unit Strands	Self-awareness, Self-management, Social awareness, Relationship skills, Responsible decision-making						

Unit Title	This is Our Time			Length of Unit	3:07
Focusing Lens(es)	Music	Standards and Grade Level Expectations Addressed in this Unit	SEL 1A.1b SEL 1A.1c		
Inquiry Questions:	<ul style="list-style-type: none"><li>• How do you feel when you are ready to start new things?</li><li>• What are you good at doing?</li></ul>				
Unit Strands	Self-awareness				

Unit Title	Rainbows			Length of Unit	3:30
Focusing Lens(es)	Music	Standards and Grade Level Expectations Addressed in this Unit	SEL 1A.1d SEL 1C.1c		
Inquiry Questions:	<ul style="list-style-type: none"><li>• In what way are you like a rainbow?</li><li>• How are your friends like different colors of a rainbow?</li><li>• Why is it good to have friends who are different from you?</li></ul>				
Unit Strands	Self-awareness; Social-awareness				



**Curriculum Overview**  
**Unit Planning for Kindergarten- 2 SEL**

Unit Title	Swimming in the Stars			Length of Unit	4:34
Focusing Lens(es)	Music	Standards and Grade Level Expectations Addressed in this Unit	SEL 1A.1d SEL 1C.1a		
Inquiry Questions:	<ul style="list-style-type: none"><li>• What would it be like to be in space? How would things look different from up there?</li><li>• The song talks about how we can be who we are. How would you explain why you are?</li><li>• What makes you who you are?</li></ul>				
Unit Strands	Self-awareness; Social-awareness				

Unit Title	Parachute			Length of Unit	3:13
Focusing Lens(es)	Music	Standards and Grade Level Expectations Addressed in this Unit	SEL 1A.1a SEL 1D.1a		
Inquiry Questions:	<ul style="list-style-type: none"><li>• They sing about flying up in the sky. How do you think that they feel here- happy or sad?</li><li>• What can make you come down from flying high? What about when someone says something that is not nice to you?</li><li>• What can you do to make yourself feel better?</li><li>• What can you say to the person who hurt you?</li></ul>				
Unit Strands	Self-awareness; Relationship skills				

Unit Title	Meant to Be			Length of Unit	3.:39
Focusing Lens(es)	Music	Standards and Grade Level Expectations Addressed in this Unit	SEL 1A.1c SEL 1A.1d SEL 1A.1e		
Inquiry Questions:	<ul style="list-style-type: none"><li>What do you dream of being?</li><li>What do you feel that you are good at doing?</li><li>Is there something that you didn’t think you would be good at doing, and then when you tried you were good at it?</li></ul>				
Unit Strands	Self-awareness				



**Curriculum Overview**  
**Unit Planning for Kindergarten- 2 SEL**

Unit Title	K'n'R Party			Length of Unit	3:49
Focusing Lens(es)	Music	Standards and Grade Level Expectations Addressed in this Unit	SEL 1C.1d SEL 1D.1a SEL 1D.1b SEL 1D.1c		
Inquiry Questions:	<ul style="list-style-type: none"><li>• What is your favorite thing about parties?</li><li>• Do you ever meet people that you didn't know before?</li><li>• How do you meet new people?</li><li>• What can you say to a person you don't know but want to get to know?</li></ul>				
Unit Strands	Self-awareness; Relationship skills				

Unit Title	Manners, Inc.			Length of Unit	2:47
Focusing Lens(es)	Music	Standards and Grade Level Expectations Addressed in this Unit	SEL 1B.1a SEL 1B.1c SEL 1C.1a SEL 1C.1d SEL 1D.1c		
Inquiry Questions:	<ul style="list-style-type: none"><li>• Our words are powerful. They can help or hurt. What kinds of words can you use to make someone feel good?</li><li>• Has anyone ever said anything to you that hurt?</li><li>• What kinds of words can show that you have good manners? That you respect someone? That you care about them?</li></ul>				
Unit Strands	Self-management; Social awareness; Relationship skills				

Unit Title	The Real Deal			Length of Unit	1:56
Focusing Lens(es)	Music	Standards and Grade Level Expectations Addressed in this Unit	SEL 1B.1c SEL 1C.1a SEL 1C.1d		
Inquiry Questions:	<ul style="list-style-type: none"><li>• What kind words can be used to show your manners?</li><li>• Do you remember the kind words someone said to you that made you feel good?</li><li>• What does it feel like when someone says something kind but does not seem like they mean it?</li></ul>				
Unit Strands	Self-management; Social awareness; Relationship skills				



**Curriculum Overview**  
**Unit Planning for Kindergarten- 2 SEL**

Unit Title	Hello New Day			Length of Unit	2:26
Focusing Lens(es)	Music	Standards and Grade Level Expectations Addressed in this Unit	SEL 1B.1b SEL 1B.1d		
Inquiry Questions:	<ul style="list-style-type: none"><li>Starting the day on a positive note can make a difference. What can you do to start your day?</li><li>The sun, moon, and stars are predictable in their patterns. What patterns do you have that keep you in tune?</li></ul>				
Unit Strands	Self-management				

Unit Title	Younique			Length of Unit	2:59
Focusing Lens(es)	Music	Standards and Grade Level Expectations Addressed in this Unit	SEL 1A.1b SEL 1A.1c SEL 1C.1c		
Inquiry Questions:	<ul style="list-style-type: none"><li>• What makes you unique?</li><li>• Why is being unique a positive thing?</li><li>• What would happen if everyone was the same?</li></ul>				
Unit Strands	Self-awareness, Social awareness				

Unit Title	Goodnight Sweet Friends			Length of Unit	1:15
Focusing Lens(es)	Music	Standards and Grade Level Expectations Addressed in this Unit	SEL 1A.1b SEL 1B.1b		
Inquiry Questions:	<ul style="list-style-type: none"><li>How do you know when you need rest?</li><li>What happens to your body and your mood when you don't get enough rest?</li></ul>				
Unit Strands	Self-awareness, Self-management				





Curriculum Overview  
Unit Planning for Kindergarten- 2 SEL

Unit Title	Santa Spirit			Length of Unit	4:06
Focusing Lens(es)	Music	Standards and Grade Level Expectations Addressed in this Unit	SEL 1A.1a SEL 1D.1b		
Inquiry Questions:	<ul style="list-style-type: none"><li>• How do you feel getting ready for a holiday?</li><li>• What kinds of things do you and your family do to get ready for a holiday?</li></ul>				
Unit Strands	Self-awareness, Relationship skills				